

Welcome to Dovercourt Recreation Association's Inclusion program!

Dovercourt (DRC) has created, developed, and implemented an inclusion program that aims to make all programs and camps accessible to any child, with a focus on integration and support. This updated document will go over the types of support we offer, how to plan for our programs, and the next steps needed to make sure we can help make your camper have a fun and successful time at camp!

Firstly, we know that success can look different based on goals from caregivers, the camper's needs, and our programming. The best way for you as caregivers to get that information is to read this document and fill out our inclusion intake form here:

[https://forms.office.com/Pages/ResponsePage.aspx?id=foOKJhW0Yk-o6n-yZ7-y4Tcm8M6gq\\_NGnS45nXQh1GVUNjRST09BUzIXVU1JRFhFQTNZVDBNVjMySiQIQCN0PWcu](https://forms.office.com/Pages/ResponsePage.aspx?id=foOKJhW0Yk-o6n-yZ7-y4Tcm8M6gq_NGnS45nXQh1GVUNjRST09BUzIXVU1JRFhFQTNZVDBNVjMySiQIQCN0PWcu)

This document will allow us to have a better understanding of how to support your child. We will follow up with any questions we have and detail our plan prior to their camp beginning. If this document is not completed, we cannot guarantee that we will be able to provide the appropriate support for your child during camp.

After you have read this document and filled out the inclusion intake, please send an email to [inclusion@dovercourt.org](mailto:inclusion@dovercourt.org) if you have any questions!

The following factors may help determine which level of support is most appropriate for your camper.

Type of Support	Description/Criteria	Recommended Support	Resources	Next Steps
<b>A</b>	Your child can follow along with the group for the most part (at least 60% of the day) but may need help with certain tasks, understanding instructions, additional time during transitions, or needing a break from the group to go for a walk, or a body break.	<b>Camp Buddy</b> Low ratio support (1:3) This group will be supplied with a staff for extra support from our camp team.	Dovercourt covers the additional cost for camp buddies or extra counsellors	Register for camp, and make sure your child's account indicates inclusion support. Please complete intake form.
<b>B</b>	Your child participates with the group for most of the camp activities with a goal of 60% of the day. (this is case by case based on parent/child's goals) but requires 1:1 attention. There may be physical, emotional, or social challenges that require direct attention for the duration of the camp day. Your child may require more frequent body/sensory breaks, modified program plans, or help with regulation and appropriate social behaviours	<b>1:1 DRC Support</b> Individual attention throughout the day. These workers are high school or university students and are <b>not</b> trained for, or insured for, personal care such as <b>diapering or toileting</b>	Dovercourt will recruit and train camp staff, cover the cost of their training, and <b>subsidize the workers' wages for 3 separate weeks of camp</b> over the summer. For additional weeks the cost of the workers' wage expense will be passed onto the family. There will be an additional fee for Inclusion Support after 3 weeks ranging from \$200-\$800.	Register for camp, and make sure your child's account indicates Inclusion support. Please complete intake form.
<b>C</b>	Your child participates in camp with group activities but requires specialized 1:1 attention. With a goal (determined by parents/child and worker) how involved you want your child in programming. If your child requires personal care (including diapering, toileting, feeding, if they can't be left independently in a restroom stall for safety/health or other medical intervention) then they must be accompanied by a personal support worker.	<b>External Support Worker</b>  These workers <b>are</b> trained for and able to provide <b>toileting/feeding, complex medical needs, and/or highly unsafe behaviours.</b>	This person will <b>not</b> be employed by Dovercourt, and your child must be accompanied by them for the duration of the camp day (including Pre- or Post- Camp). Fees for 1:1 workers are to be arranged and agreed upon between the family/worker. In certain circumstances, your camp fees can be partially subsidized by Dovercourt to reduce the overall cost per family.	Arrange call with Dovercourt inclusion team.

## 1. The Camp Program

Depending on what program you choose, there will be a variety of factors to consider.

### *Staying on or off site*

Campers in Kinder and other 4–5-year-old **will remain on site** everyday of the week. If they are 6 years old or older it is possible their group **will be going off site** to either school locations or out trips to various locations. This is something to consider if you as a parent may not be comfortable with your child going to a new environment without support.

### *How campers get to their sites*

Depending on the camps they are signed up for will depend on how they get to their camps from Dovercourt each morning. Some camps take buses, while others walk to their sites which varies in distance. They would have to walk this distance on average 2 times a day.

- Broadview: 450m
- Notre Dame 650m
- Nepean High: 700m
- McKellar: 1.5km
- Van Lang 1.7km
- Delude: 2.0km

When it comes to other programs they will have bussing, if your child needs accessible bussing, please let us know at least 3 weeks ahead (21 days) of camp start date to ensure DRC can make arrangements.

### *The Types of Programming*

Dovercourt provides a variety of camps that all have differing levels of physical activity, so please read the camp descriptions for more insight into activities. Contrastly, some specialty camps only have specialists for part of the day, while the time not spent doing the activity is programmed with other events. This may include less structured activities that may not be ideal for some campers. We encourage every camper to try new things, but to make you aware of what each camp represents. Please reach out to us with any questions.

## 2. Staff Qualifications

What our staff **are** trained in

The type of support selected based on the needs of your camper will determine the staff we pair them with. All camp counsellors are trained in basic behavioral de-escalation techniques by our inclusion team, as well as Standard First-Aid/CPR. All inclusion staff and full-time camp team our staff are trained in Non-Violent Crisis Intervention (NVCI) through the Crisis Prevention Institute (CPI) and given more in-depth training on behaviours and the tools they use to help your child be successful.

What our staff **aren't** trained in

Our staff are not trained in personal care such as toileting, diapering, feeding (including G-tubes), washing or other physically invasive medical interventions. An important distinction is that when children are in our care, we expect them to be fully independent in the washroom in a safe/healthy way as our staff aren't trained to assist.

## 3. Cost

*Type A (camp buddy)*

This support is covered by DRC. Please note there may be a time when we need to change the type of support a camper may need. If this occurs, we will communicate with you and create a plan on how we can best support your child.

*Type B (1:1 Dovercourt worker)*

DRC is happy to absorb the cost for those who need 1:1 support for up to three (3) separate weeks of camp. If your child wants additional weeks of support, the cost varies depending on the needs of your child, with more complex needs requiring more experienced/trained staff. The cost will range from \$200-\$800/week in addition to the camp registration fee.

*Type C (External worker/PSW)*

If you require type C support, we understand that hiring an outside support worker can be expensive, in certain circumstances we are able to help offset the cost of camps through our inclusion accessibility funds. Please reach out to us and we can discuss. We suggest that you look for a worker as soon as possible to guarantee that you will have a worker for the summer.

#### **4. Time Spent in Camp**

A focus of DRC's inclusion department is to have our campers **integrated** into camp in conjunction with meeting the goals that we have been set by caregivers and DRC. DRC's broad expectation for our staff is to try and have campers participate on a ratio of 60% in camps 40% out.

#### **5. Support they have in School**

Camp has a more laid back and fun atmosphere compared to school, but the type of support your child receives can be a good indication of how they can be successful at camp. Please let us know if your camper has support and strategies within in school so we can provide consistency where appropriate, it is likely that if they have support at school, they may need support at DRC.

#### **6. Next Steps**

***If you know*** the type of support your child will require based on the information above, complete the intake form and we will be in touch with you as soon as we can with confirmation, details, fees, etc.

***If you're not sure*** what support your child might need, that's okay! Please fill out the intake form, and we will be happy to schedule a meeting with you. Please reach out to [inclusion@dovercourt.org](mailto:inclusion@dovercourt.org)

***If something changes*** or after a conversation you decide that it's not the best time or camp for your child, please let us know. Although our regular cancellation policy is 21 days before the start of the program to receive a refund, in some cases we may decide that the situation warrants a credit or refund for funds to be used in a different program or for other supports.