- The best way to play™
- · Canada's quality standard for children's recreation and sport
 - Developed by Parks and Recreation Ontario (PRO)
 - Research began in 1994
 - Launched as HIGH FIVE® in 2001
 - Available across Canada in English and French

Vision

Through sustained involvement in quality recreation and sport activities, all children aged 6 to 12 are experiencing healthy child development.

Mission

Ensure that sport and recreation practitioners develop a high level of expertise in child development. Help parents to make informed choices.

Provide practitioners with tools for enhancing and maintaining a high level of program quality.

Quality Framework for Healthy Child Development

- ★ Providing training to build expertise and capacity of staff concerning healthy child development and quality programs for children
- ★ Principles of Healthy Child Development
- ★ HIGH FIVE® Sport
- ★ Healthy Minds for Healthy Children
- ★ Principles in Practice
- ★ QUEST 2
- ★ QUEST 1
- ★ Strengthening Children's Mental Health
- ★ HIGH FIVE® Trainer



Assessing sport and recreation programs for children using QUEST 2

- Celebrating program successes
- Charting of program progress
- 🖈 Identifying priority areas

*25% of general interest or camp programs and 10% of aquatic programs

- ★ Assessing policies & procedures using QUEST 1
- ★ Optimizing policies & procedures to encourage quality programming
- ★ Communicating the policies & procedures internally to all staff
- ★ Measuring adherence to policies & procedures

- ★ Promoting a commitment to healthy child development and as a quality service provider
 - ★ Creating staff incentives
- ★ Gaining parent feedback (see Reviewing Programs Together download)
- ★ Establishing a culture of quality that can be shared through marketing materials (i.e. website)