

# Winter 2019 Fitness Centre Hours

Days	Overall Hours	Closed for Classes
Monday	6:30am – 8:30pm	7:00pm – 8:00pm
Tuesday	6:30am – 9:30pm	9:30am - 10:30am 1:30pm - 2:30pm
Wednesday	6:30am – 9:30pm	
Thursday	6:30am – 9:00pm	10:00 – 11am 1:30pm - 2:30pm 8:00-9:00pm
Friday	6:30am – 8pm	10:00 – 11:00am
Saturday	6:30am – 8:30pm	9:15am – 10:15am
Sunday	8am– 8pm	