

★ Summer Swim Lessons ★



Sign me up!

JUN. 26 - AUG. 22, '10

1 week sessions (5 lessons) or
1x week on Wednesdays,
Saturdays or Sundays

REGISTRATION BEGINS **JAN. 2, 2010**



Lesson Progression

Learn to Swim levels:

- Parent & Tot 1 (*under one year*)
- Parent & Tot 2 (*under two years*)
- Parent & Tot 3 (*under three years*)
- Preschool Program (*3-5 years*)
- Swimmer Program (*5 years & up*)

Recommended Progression

Most 5 yr olds remain in Preschool level
When almost 6 yrs old, enter Swimmer level
Preschool A & B & C >> Swimmer 1
Preschool D & E >> Swimmer 2

Coordinate your swim Lessons with our Summer Camps!

PRIVATE LESSON FEES

# of Lessons	1	4	5
Private Package	\$34	\$112	\$138
Semi Private Package	\$50	\$165	\$205

LESSON FEES Tots, Preschool, Swimmer, Junior Lifesaving & Specialty

Class time	5 lesson 1 week	5 lesson 1 week L	8 lesson Wed	8 lesson Wed L	9 lesson Sat & Sun	9 lesson Sat & Sun L
30/40 minutes	\$45	\$66	\$63	\$100	\$67	\$105
50 minutes	\$47	\$69	\$65	\$105	\$69	\$110
60 minutes	\$50	\$72	\$68	\$110	\$71	\$115

L = Limited Enrolment

- If you have purchased private lessons and your schedule changes, you are welcome to substitute the participant. Unfortunately, we do not reschedule or refund.
- Refunds & credits will only be given up to one week in advance of the program start date.
- Non Residents: Add 20% to the fee.

Register online at www.dovercourt.org,
by phone at 613-798-8950 or in person at the Centre.



Special Events

- **Drowning Prevention Day**
Friday July 23
Mini activities during the afternoon swim time (2:30pm). Free Swim lesson Friday evening, 6:30pm.
- **15th Annual Dog Swim**
Sunday August 22, 5-6pm
Bring your pooch for a dip just before we drain for our annual shutdown. Dogs MUST be on a leash. This event will be held at Westboro wading pool.

DOVERCOURT SUMMER 2010



SWIM LESSONS

DOVERCOURT SUMMER 2010 | AQUATIC SWIM LESSON LIST | 1 week sessions

Level	Session 1 & 2 Jun 28-Jul 2, Jul 5-9		Session 3 & 4 Jul 12-16, Jul 19-23		Session 5 & 6 Jul 26-30, Aug 2-6		Session 7 & 8 Aug 9-13, Aug 16-20					
	1	2	3	4	5	6	7	8				
Parent & Tot 1-3 30 min	9:00 6:00 L	62540 62541	62542 62543	10:50 62544	62545	9:30 L 5:50 L	62546 62547	62548 62549	9:50 L 6:00 L	62550 62551	62552 62553	
Preschool A 30 min	8:30 L 9:00 9:50 TL 11:00 L 6:00 TL	62602 62603 62613 62604 62614	62605 62606 62615 62607 62616	8:30 L 9:00 9:30 L 5:20 TL	62608 62609 62610 62617	62611 62583 62584 62618	8:30 L 10:10 11:00 TL 5:20 L	62585 62586 62619 62587	62588 62589 62620 62590	8:30 L 9:00 L 9:30 TL 11:00 TL 6:00 TL	62591 62592 62621 62622 62623	62593 62594 62624 62625 62626
Preschool B 30 min	8:30(B/C) L 9:00 9:40(B/C) 10:30 11:30(B/C) L 6:00(B/C)	62658 62634 62659 62633 62660 62661	62662 62635 62663 62636 62664 62665	8:30(B/C) 9:00 9:50(B/C) 10:00 5:30(B/C)	62666 62637 62667 62638 62668	62669 62639 62670 62640 62671	8:30 (B/C) 9:00(B/C) L 10:00 L 11:30 L 5:30(B/C) L	62672 62673 62641 62642 62674	62675 62676 62643 62644 62677	8:30 L 9:00(B/C) L 9:40 5:30 6:00(B/C) L	62645 62678 62646 62647 62679	62649 62680 62648 62650 62681
Preschool C 30 min	8:30(B/C) L 9:40(B/C) 10:50 L 11:30(B/C) L 6:00(B/C)	62658 62659 62694 62660 62661	62662 62663 62695 62664 62665	8:30(B/C) 9:50(B/C) 10:00 5:30(B/C)	62666 62667 62704 62668	62669 62670 62705 62671	8:30 (B/C) 9:00(B/C) L 9:00 L 9:30 L 10:40 L 5:30(B/C) L	62672 62673 62696 62697 62698 62674	62675 62676 62699 62700 62701 62677	8:30 L 9:00(B/C) L 10:10 5:00 L 6:00(B/C) L	62702 62678 62703 62706 62679	62707 62680 62708 62709 62681
Preschool D/E 30 min	8:30 L 11:20 5:50 L	62715 62716 62717	62718 62719 62720	8:30 L 9:30 L 4:40 L	62721 62722 62723	62724 62725 62726	8:30 10:30 6:00 L	62727 62748 62728	62729 62749 62730	8:30 L 9:00 L 10:40 10:50 4:50	62731 62732 62733 62734 62735	62736 62737 62738 62739 62740
Swimmer 1 40 min	8:20(beg) 9:00(adv) 5:20(adv)	62778 62762 62763	62779 62764 62765	8:20(adv) 5:40(beg) L	62766 62780	62767 62781	8:20(adv) L 9:40(beg) L 5:50(adv) L	62768 62782 62769	62770 62783 62771	9:10(beg) L 10:00(adv) L 4:50(adv)	62784 62772 62773	62785 62774 62775
Swimmer 2 40 min	8:20 L 10:10 11:20 L	62790 62791 62792	62793 62794 62795	10:10 4:00	62796 62797	62798 62799						
Swimmer 2 & 3 40 min	4:00	62805	62806	8:20 9:00	62807 62808	62809 62810	8:20 11:20 4:00	62811 62812 62813	62814 62815 62816	8:20 9:30 11:20 L 4:00 5:20 L	62817 62818 62819 62820 62821	62822 62823 62824 62825 62826
Swimmer 3 40 min	8:20 L 9:40 (3/4) 10:10	62832 62843 62833	62834 62844 62835	10:40 4:00	62836 62837	62838 62839	10:10 L	62840	62841			
Swimmer 4 - 40 min	9:40 (3/4)	62843	62844				9:30	62847	62848	11:20 L	62849	62850
Swimmer 4/5 40/50 min	8:20 9:00 L 4:00	62851 62852 62853	62854 62855 62856	8:20 11:10 4:00	62857 62858 62859	62860 62861 62862	8:20 L 4:00	62863 62864	62865 62866	8:20 L 10:20 L 4:00 L	62867 62868 62869	62870 62871 62872
Swimmer 5/6 50 min	11:10 L 4:00	62874 62875	62876 62677	10:00 4:00 L	62878 62879	62889 62881	10:30 4:00	62882 62883	62890 62885	10:40 (6 only) 4:00	62893 62891	62894 62892
Swim Patrol: Rookie, Ranger, Star 60 minutes	10:10 L 4:00	62753 62754	62755 62756				11:00 L	62757	62758	4:00 L	62759	62760
Bronze Star 60 min										5:00	Session 7&8	62537
Bronze Medallion/ Bronze Cross	4:00(3.5hrs) 4:00(2.5hrs)	Session 2 & 3 Jul 6 - 17	Med 62412 Cross 62407									

WEDNESDAY EVENINGS, SATURDAY & SUNDAY MORNINGS

Level	Wednesday Evening June 30 - Aug 18	Saturday Morning June 26-Aug 21	Sunday Morning June 27-Aug 22	
Parent & Tot 1 30 min		8:00(1-3) L 62554 8:30 L 62538 9:10 62539 10:20(1-3) 62555 12:00(1-3) L 62556	8:00(1/2) 62558 10:30(1-3) L 62557	Legend: <hr/> L: Limited enrollment Tots 1:8 Preschool 1:3 Swimmer 1 - 4 1:4 Swimmer 5 & higher 1:6 <hr/> T: Transition class. Parents must join their preschooler in the water until the child is ready to participate on their own AND they turn 3 yrs old. <hr/> General: • No parent or survival day. Last class will end early in order to discuss your child's progress • For successful progress we highly recommend 2 weeks of lessons. Bring in your child's report card. • Unsure of the level? Refer to the program guide or the web site or bring your child in at the beginning of an Open or Family swim to be screened <hr/> Camp Information: • Campers, please choose ONLY: 8:20/8:30 (3 yrs & older) OR 4:00 (7 yrs & older) • For 8:20/8:30 am lessons: Drop off camper on the deck <hr/> • For 4:00 pm lessons: Pick up camper after lessons on deck OR from post-camp pick-up location <hr/> Adult Swim Lessons: Adult Learn to Swim: Sundays 8am (40 minutes) #62533 *Drop-in lessons: Tue & Thu 8:00-8:50pm all summer.
Parent & Tot 2 & 3 30 min	6:00 62560	8:00(1-3) L 62554 8:30 L 62561 9:40(3) 62564 10:10(2) 62559 10:20(1-3) 62555 10:50 62562 12:00(1-3) L 62556	8:00(1/2) 62558 9:00 62563 10:30(1-3) L 62557	
Preschool A 30 min	4:40 T 62627 5:30 62595 6:30 62596	8:00 62598 8:00 T L 62628 8:30 T 62629 9:00 62597 10:10 62599 11:00 T 62630 12:00 L 62600 12:10 62601	8:00 L 62612 9:40 T L 62631	
Preschool B 30 min	4:10(B/C) 62682 4:40(B/C) 62683 5:50 62657 5:50 L 62651 6:00 62652	8:00(B/C) 62684 9:00 62653 9:30 62654 10:20 62655 10:40 (B/C) 62685 11:30 L 62656	8:00(B/C) L 62686 10:00(B/C) L 62687	
Preschool C 30 min	4:10(B/C) 62682 4:40(B/C) 62683 5:00 62710 6:20 L 62711	8:00(B/C) 62684 8:30(C/D) L 62713 9:00 62712 10:00 62693 10:40(B/C) 62685	8:00(B/C) L 62686 10:00(B/C) L 62687	
Preschool D/ E 30 min	5:00 L 62741 6:20 L 62742 6:50 L 62743	8:30(C/D) L 62713 9:30 62744 10:00 62745 11:40 L 62746	8:30 L 62747	
Swimmer 1 - 40 min	4:00(beg) L 62786	9:00(adv) 62776 9:40(beg) 62787 11:00(beg) 62788	8:30(beg) L 62789 10:10(adv) L 62777	
Swimmer 2 - 40 min	5:10 L 62801 6:50(2/3) L 62827	8:30(2/3) L 62828 9:30 62802 11:10 L 62803	9:00(2/3) 62829	
Swimmer 3 - 40 min	5:10(3/4) 62845 6:50(2/3) L 62827	8:30(2/3) L 62828 10:00 L 62842	9:00(2/3) 62829 9:10(3/4) L 62846	
Swimmer 4 - 40 min	5:10(3/4) 62845	10:40(4/5) L 62873	9:10(3/4) L 62846	
Swimmer 5 - 50 min	6:40(5/6) L 62886	10:40(4/5) L 62873 12:10 (5/6) L 62887	9:40(5/6) L 62888	
Swimmer 6 - 50 min	6:40(5/6) L 62886	12:10 (5/6) L 62887	9:40(5/6) L 62888	
Swim Patrol: Rookie, Ranger, Star 60 minutes			10:00L 62761	

