



Information that
could change
your life

Raising Healthy Kids in a Toxic World



Natural approaches to eczema, asthma and allergies

Thursday, February 25th

7:00 to 8:30 p.m.

Dovercourt Community Centre

411 Dovercourt Avenue, Ottawa

REGISTER TODAY!

With Natural Health and Nutrition Consultant Hilary Kemsley
(613-858-8448; kemsley@sympatico.ca)