





Holiday Schedule April 2 - 5

EASTER WEEKEND

WHAT'S ON & WHAT'S NOT?

	FRIDAY April 2	SATURDAY April 3	SUNDAY April 4	MONDAY April 5
IN THE POOL	THE CENTRE IS CLOSED FOR GOOD FRIDAY	<ul style="list-style-type: none"> No early morning swims Regular swim schedule No swim lessons 	<ul style="list-style-type: none"> No early morning swims Regular swim schedule No swim lessons 	<ul style="list-style-type: none"> 12-1 pm: Adult/ Disabled 1-2:30 pm: Open swim 2:30 - 4 pm: Family swim No swim lessons Aquafitness: Regular Scheduled Classes are running
FITNESS CENTRE		8 am – 9 pm	8am – 5 pm	6:30am – 10pm
FITNESS CLASSES		Group Fitness: <ul style="list-style-type: none"> 8 am: Low Sculpt Lorayne 9 am: Step Interval TBA No Specialty or Spinning classes running	Group Fitness: <ul style="list-style-type: none"> 8 am: Strength Mix – Lorayne 9 am: Low – TBA No Specialty or Spinning classes running	Group & Specialty Fitness: All regular scheduled classes ARE running
RECREATION PROGRAMS		No Rec Classes <hr/>  Birthday Parties are on!!	No Rec Classes <hr/>  Birthday Parties are on!	No Rec Classes <hr/>